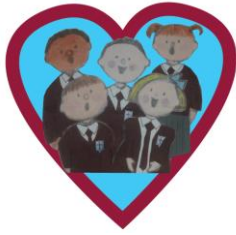


St Paul's C of E Junior School
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A small school with a big heart

29th January 2021

Dear St. Paul's School family,

As January comes to an end, I am sure that I am not alone in being relieved to see the back of this month. January is a long, dark, difficult month in ordinary times and we are currently NOT in ordinary times! I always think that February is a bit more joyful. Valentines' Day, Pancake Day and Mother Languages Day are a few of the events we can join in with in the days ahead.

When talking about our experience of the COVID pandemic, a number of people have said "We are all in the same storm but we are in different boats."

I sincerely hope that the 'boat' that you and your family are in is water tight and floating well.

However, if this isn't the case please reach out for help. Contact your child's class teacher via Seesaw for any support you require with remote learning.

Please follow the link for mental health and wellbeing support.

<https://wellbeingandcoping.net/>

Information on how to contact Cumbria County Council Covid-19 Emergency Support Helpline and support from Barnardo's is also attached to this letter.

Here's to February, lighter nights and a bit more joy.

Best wishes,
Mrs Webster.

<https://wellbeingandcoping.net/>



SCHOOL
MEMBER

